



SPEED SPA

make every minute count

Our innovative Speed Spa treatments combine the latest in skin analysis technology from luxury British skincare brand ELEMIS, and nail care techniques from world-wide beauty brand JESSICA Nails to deliver outstanding results in record breaking time.

BIOTEC Facials

15 minutes £25 & 30 minutes £38

Pioneering ELEMIS BIOTEC technology works to turn back the effects of time on your skin, revealing visibly healthy, nourished and energised skin.

Firm Favourite

The only way is up. Tighten and tone with microcurrent, massage and sculpting technology.

End of the Line

Anti-wrinkle in a twinkle. Wrinkles are flooded with hyaluronic acid to give the skin a vigorous plumping.

The Big Reveal

Smooth, soften and silken the skin by ultrasonic technology and light therapy.

Sheer Brilliance

An ultrasonic peel pumps skin cells whilst galvanic currents flush the skin with vitality-giving actives.

Save your Neck | 30 mins only

Microcurrents remind the muscle to firm up, while the Arjuna-infused jowl and chin mask lifts and tightens.

Eye Do | 30 mins only

Gently stimulate and tighten the delicate eye area without disturbing or damaging fragile skin.

Skin Lab Consultation | £15

Identify the needs of your skin through advanced clinical imagery (redeemable against ELEMIS products).

Massage | 15 minutes £25

Head First

The pressures on! Release the pressure of tension headaches and re-energise your scalp with a blissful head massage.

Past Tense

Loosen up! Melt away tension in the neck and shoulder. This targeted treatment will alleviate stress and revive senses to leave you floating on air!

Combine both Head First & Past Tense for a discounted price of £40.

The Unwinder

Cut through tension in your back, neck and shoulders to relieve sore, tired and aching muscles. Powered by hot stones, this treatment leaves you feeling recharged and energised. Please note this treatment is carried out in a shiatsu chair.

Modern Day Massage | £15

Relax and unwind whilst receiving a full body massage performed by our state-of-the-art massage chair.

Our Hands On 30-minute Back, Neck & Shoulder Massage on the main spa menu is £45.

PLEASE NOTE Speed Spa treatments will be performed over clothes and at your discretion



Waxing

Eyebrow

£10 | 30 minutes

Half Leg

£20 | 30 minutes

Full Leg

£25 | 45 minutes

Bikini

£15 | 30 minutes

Extended Bikini

£20 | 40 minutes

Lip & Chin

£10 or £6 each | 15 minutes

Eyebrow Tint | £8

Eyelash Tint | £8

Eyebrow & Eyelash Tint | £14

Please note with all semi-permanent tinting treatments a compulsory patch test is required 24 hours before.

Lash Lift | £45

This treatment is a great alternative to lash extensions or if you are just looking to improve the strength and appearance of your lashes (lasts 6-8 weeks).

Please note with lash lift treatments a compulsory patch test is required 24 hours before.

JESSICA Manicure

File & Polish

£25 | 30 minutes

GELeration Removal

£10 | 30 minutes

JESSICA Manicure

£42.50 | 60 minutes

Create your own treatment for £35

Begin with nail shaping and a cuticle tidy- then choose 3 of the following: scrub, massage, polish, paraffin wax or heated mittens.

Upgrade your treatment to a longer-lasting GELeration finish for only +£10.

JESSICA Pedicure

File & Polish

£25 | 30 minutes

GELeration Removal

£10 | 30 minutes

ZenSpa Pedicure

£42.50 | 60 minutes

Create your own treatment for £35

Start with a nail file and cuticle tidy then choose 3 of the following: scrub, massage, polish, paraffin wax or heated booties.

Upgrade your treatment to a longer lasting GELeration finish for only +£10.

All speed spa treatments are subject to availability and cannot be used in conjunction with any other eforea spa offers.

Please note all speed spa treatments do not include access to eforea spa thermal experiences or the Spa Café.